

Plant with Mrs. B!

Objective: Students will gain an interest in learning about plants and vegetables by growing it themselves.

Materials Needed:

- Soil pellets
- 3 tbsp. water
- seeds of your choice (about 3-4 seeds)
- small cup or pot
- gloves
- sunlight
- daily water available for plant

Directions

1. Get all of your materials together on a flat surface (preferably a table)
2. Pour about 3 tbsp. of water on top of the soil pellet. (You can add more, if it doesn't seem to cover it).
3. Let the soil pellet absorb the water. This will take about 5 minutes.
4. Fluff up the expanded pellet by gently squeezing the sides and then put the pellet in a pot or cup.
5. Create a hole in the middle about 1/2" deep.
6. Place 3-4 seeds of your choice in the hole.
7. Gently cover the hole with soil Do not pack soil down or it will make it hard for the sprout to get to the surface.
8. Place your cup in an indoor sunny spot.
9. Water as needed. (If it looks dry on top, put a few drops of water to keep the soil moist
10. Watch it grow!

Additional Activities

- * Check out the coloring pages made for this activity! One labels all the parts of a plant.
- * Research the different stages of growth for your plant.
- * Discover how the plant grows through Photosynthesis check out this video:
www.youtube.com/watch?v=UPB-MG5EYdo

Plant Journal

Week 1: _____	Week 4: _____
Week 2: _____	Week 5: _____
Week 3: _____	Week 6: _____